

About the Course

Basic Course Information

Course Title	Four Week Cinematography								
Course Type	Short Course								
Award on Completion	This course is not externally accredited. However, it can contribute to a MetFilm School or BIMM Professional Certificate when taken in conjunction with other short courses (see below)								
Length of Course	4 weeks								
Location	Berlin	Birmingham	Brighton	Bristol	Dublin	Essex	Leeds	London	Manchester
	X	X	X				X	X	X
	For further information about our campuses click here .								

Teaching and Learning

The delivery of MetFilm School programmes is tailored to the particular learning goals of the individual course. Many courses contain production periods when the demands on individual students vary according to their individual shoots. Specific details vary from time to time in order to maximise student experience. Indicative calendars are issued at the start of each course.

Delivery of this course will be within these parameters:

Teaching

- Your course averages 25 hours of teaching time per week.
- Teaching on MetFilm School's *Four Week Cinematography* course is usually scheduled between the hours of 10am and 5pm, Monday to Friday, excluding bank holidays.
- MetFilm School's *Four Week Cinematography* is a practical course which is taught largely in person.
- We have also found that some experiences (such as tutorials) are better delivered digitally. Any online sessions will be noted clearly in students' timetables. In addition, where public health considerations or other matters outside our control limit access to the campus, this *mixed teaching* approach will ensure that students can continue their learning journey.
- Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

The information included in this pack is provided to enhance your understanding of the course. Please note that some details may vary depending on the cohort.

Summary

Four Week Cinematography is designed to improve your understanding of:

- an overview of the contemporary screen industries from the perspective of the sound, camera and lighting departments
- the core principles of light and exposure
- the use of light, as a fundamental tool, not only to illuminate but also to create mood and tone in support of the narrative arc of a film
- the analysis of a script from a visual perspective
- the development and exploration of creative and technical choices in an on-set, production environment
- understand working as a filming crew and the importance of collaboration and communication.
- Health and Safety on set

The course outline below describes the key craft areas and skills you will cover during your course.

Four Week Cinematography is a fully immersive course. By the end of the course, you will have had the opportunity to work as part of a crew on filmed exercises.

Applying for this Course

Application for this course can be made on the MetFilm School website [here](#).

In order to apply for this course, students must be 18 years old or over and have sufficient spoken & written English. The course is suitable for beginners and those with basic skills. There are no specific academic entry requirements for the *Four Week Cinematography* course.

Course Structure and Delivery

MetFilm School Mission

Our mission is to inspire a new generation of creative screen professionals, educating them in the new world of storytelling across all screen types. By putting industry at the heart of everything we do, MetFilm School best equips its graduates for successful careers.

Our goal is to nurture skill and talent, creating a great school which empowers students to pass seamlessly into work, using our experience to help businesses adapt and change in the ever-changing multichannel world.

Four Week Cinematography

As an educational institution, MetFilm School's mission is to provide students with a practical, high-quality learning experience grounded in professional industry practice and preparation.

Through our course provision we equip students with the knowledge, skills and mindset to prepare them for successful careers within the screen industries.

We seek to foster an inclusive environment in which creative, mature, focused, and considerate individuals are valued as members of a dynamic community.

We believe collaboration is the bedrock of professional practice that is reflected across the creative screen industries, and students are required to treat each other with respect and to work together in a professional manner.

Met Film School's key policies and documents can be found here: [Key Policies](#)

Students explore the following key areas of study during the *Four Week Cinematography* Course:

Introduction to Cinematography

Students will be provided with an overview of the contemporary screen industries from the perspective of the sound, camera and lighting departments. Students will explore the impact of creative decisions in image and sound on storytelling and explore Cinematography as a narrative tool.

Visual Storytelling

Students will learn how to tell stories through the use of visual mediums. Students will look at composition, framing, blocking and camera positions and how to engage an audience. Working with images, students will learn how to create a memorable and engaging story.

Lighting and Camera Movement

You will examine how cinematography has progressed through history and how camera placement and movement has evolved. Through practical exercises you will study different tracking shots available and the practicalities of shooting sequences.

Sound and Sound Design

Students will explore the impact of creative decisions in image and sound on storytelling and explore the importance of sound in filmmaking in the narrative and theme of the piece. You will cover basic sound theory and how to handle sound equipment.

Post Production

Through training in Adobe Premiere Pro, you will develop your technical and creative editing skills, you will understand the technical procedures to import your rushes and organise your workflow and perform basic edits.

Professional Practice

Through filmmaking workshops, students will learn the importance of teamwork and professional practice. Understanding crew roles and responsibilities, students will learn how to effectively collaborate.

Sample Indicative Timetable

specific details may vary from cohort to cohort

Week 1	<p>Introduction to Cinematography</p> <p>During the first week you will cover and explore:</p> <ul style="list-style-type: none">○ The development of cinematography over the years○ The role of the cinematographer○ Technical introduction to camera○ How camerawork is used to visually tell a story○ Introduction to lighting techniques such as three-point lighting○ Basic sound theory and practice○ How sound can be used to illustrate story or a theme
Week 2	<p>Visual Storytelling</p> <p>Following on from your introductory sessions, sessions will build your understanding of the following areas:</p> <ul style="list-style-type: none">○ Collaboration on set and key roles○ Advanced camera and lighting techniques such as composition, camera movement and lighting for fiction○ Working with a director and actors○ Breaking down a script○ Block a scene ready for shooting○ The basics of editing using Adobe Premiere Pro○ Introduction to sound recording
Week 3	<p>Advanced Camera and Lights</p> <p>In Week Three you will begin to build on the basics covered in the first two weeks by applying these skills to more advanced equipment. You will cover:</p> <ul style="list-style-type: none">○ Controlling and using depth of field creatively○ Lighting a scene for daylight and night○ Analysing an image in order to reproduce its composition and lighting○ Camera movement and tracking the camera using a professional dolly and tracks
Week 4	<p>Filmed Exercises and Review</p> <p>The final week of the course is aimed at consolidating all the skills you have gained and preparing yourself for the industry. This includes:</p> <ul style="list-style-type: none">○ Filming final exercises within defined parameters○ Taking on camera crew roles and lighting roles to support peer shoots○ Edit final project○ Course review and feedback○ Screening of final projects

Please note that this is an indicative calendar. Specific details including the order of modules may vary from cohort to cohort. Students will be issued with a more detailed schedule at the start of the course.

Being at MetFilm School

Teaching and Learning

The *Four Week Cinematography* course forms part of the non-accredited course delivery run by MetFilm School. The course structure comprises of a range of teaching and delivery patterns: lectures, workshops, and filming exercises. Transferable skills are encouraged and most clearly demonstrated in the filmmaking and production elements of the course and students are given the opportunity to learn and participate through practice. The aim of the varied course delivery is to equip students with an introduction to filmmaking in the fast-evolving media industry.

Course details are contained within the Student Guide which students will be given when they start the course. The Student Guide is the core course document containing specific learning outcomes for each weekly session in line with the overall objectives of the course.

MetFilm School encourages independent learning and reflective learning, and students may be given structured homework to complete, encouraged to practice their skills independently or challenged to network and consider key industry contacts.

Tutors

MetFilm School works with a large team of teaching staff across its full portfolio of courses, profiles of many of whom you can find on our website [here](#).

Student Support

MetFilm School is committed to providing and supporting a diverse and inclusive environment that promotes and develops equality of opportunity for all students and staff. We seek to continually improve our standards across the student lifecycle encompassing access and admission; support and progression; and graduate employability and entrepreneurship.

We seek to provide a caring, supportive environment that recognises each student as a unique individual and fosters their personal and professional development. We are committed to each student's wellbeing, and there are a range of support mechanisms in place to aid student progression through their course of study.

Our [Policies and Key Documents](#) section on the website gives guidance on the support structures open to students at the School.

Formative Feedback

Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

In addition, MetFilm School provides regular opportunities for students to give each other feedback through the learning system, which encourages feedback within peer-to-peer sessions. Being able to critically reflect on

your own work and the work of your fellow students in a constructive, meaningful way, both verbally and in written form, demonstrates good practice and enhances your learning experience.

Evaluative Feedback

MetFilm School is committed to continual improvement, and student feedback – both informal and formal – is an important part of the evaluative feedback we use. Students are therefore invited to complete a feedback form at the end of their course.

Professional Certificate (ProCert)

At the end of this course, you will receive a Certificate of Completion for the course (subject to successful completion of the course).

Whilst courses are not formally assessed and are not credit bearing, part time and short courses of 2, 4 and 8 weeks taken independently over a period of 3 years across all subject matters amounting to 20 weeks full time can be taken together to achieve a MetFilm School / BIMM Professional Certificate or ProCert as follows, subject to successful completion of the courses:

Course Type	Full Time Equivalent
Foundation (12 week evening course)	1 week
Part Time (20 weeks of teaching)	8 weeks
Two Week (full time)	2 weeks
Four Week (full time)	4 weeks
Eight Week (full time)	8 weeks
Three Month (full time)	12 weeks
Certificate	20 weeks

Costs

Tuition Fees can be found on the course page on the MetFilm School website [here](#).

There are no additional production costs.