

About the Course

Basic Course Information

Course Title	Four Week Acting for Film Level 1								
Course Type	Short Course								
Award on Completion	This course is not externally accredited. However, it can contribute to a MetFilm School or BIMM Professional Certificate when taken in conjunction with other short courses (see below)								
Length of Course	4 weeks								
Location	Berlin	Birmingham	Brighton	Bristol	Dublin	Essex	Leeds	London	Manchester
	X	X	X				X	X	X
	For further information about our campuses click here .								

Teaching and Learning

The delivery of MetFilm School programmes is tailored to the particular learning goals of the individual course. Many courses contain production periods when the demands on individual students vary according to their individual shoots. Specific details vary from time to time in order to maximise student experience. Indicative calendars are issued at the start of each course.

Delivery of this course will be within these parameters:

Teaching

- Your course averages 25 hours of teaching time per week.
- Teaching on MetFilm School's *Four Week Acting for Film Level 1* is usually scheduled between the hours of 10am and 5pm, Monday to Friday, excluding bank holidays.
- MetFilm School's *Four Week Acting for Film Level 1* is a practical course which is taught largely in person.
- We have also found that some experiences (such as tutorials) are better delivered digitally. Any online sessions will be noted clearly in students' timetables. In addition, where public health considerations or other matters outside our control limit access to the campus, this *mixed teaching* approach will ensure that students can continue their learning journey.
- Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

Final Scenes

- A trained graduate Director of Photography and Sound Recordist will be assigned by the School for the filmed scene to operate camera and oversee sound.
- The Final Scene is edited by a trained graduate editor.

The information included in this pack is provided to enhance your understanding of the course. Please note that some details may vary depending on the cohort.

Summary

Four Week Acting for Film Level 1 is designed to improve your understanding of:

- How to analyse a script to get the best from their performance
- The technical skills relevant to film acting
- Practised techniques that will help you achieve an authentic screen performance
- How to project confidence whilst in front of the camera
- On set practices and the relationship of the actor to the crew

The course outline below describes the key craft areas and skills you will cover during your course.

Four Week Acting for Film Level 1 is a fully immersive course. Students can expect to explore the multi-faceted world of screen acting through practical workshops and scene work.

Applying for this Course

Application for this course can be made on the MetFilm School website [here](#).

In order to apply for this course, students must be 18 years old or over and have sufficient spoken & written English. The course is suitable for beginners and those with basic skills. There are no specific academic entry requirements for the *Four Week Acting for Film Level 1* course.

Course Structure and Delivery

MetFilm School Mission

Our mission is to inspire a new generation of creative screen professionals, educating them in the new world of storytelling across all screen types. By putting industry at the heart of everything we do, MetFilm School best equips its graduates for successful careers.

Our goal is to nurture skill and talent, creating a great school which empowers students to pass seamlessly into work, using our experience to help businesses adapt and change in the ever-changing multichannel world.

Four Week Acting for Film Level 1

As an educational institution, MetFilm School's mission is to provide students with a practical, high-quality learning experience grounded in professional industry practice and preparation.

Through our course provision we equip students with the knowledge, skills and mindset to prepare them for successful careers within the screen industries.

We seek to foster an inclusive environment in which creative, mature, focused, and considerate individuals are valued as members of a dynamic community.

We believe collaboration is the bedrock of professional practice that is reflected across the creative screen industries, and students are required to treat each other with respect and to work together in a professional manner.

Met Film School's key policies and documents can be found here: [Key Policies](#)

Students explore the following key areas of study during the *Four Week Acting for Film Level 1 Course*:

Subtext in Acting – Theory and Practice

During these sessions, you will discover the use and purpose of subtext in performance. By addressing what subtext is and how it influences a performance you will enhance your understanding of performance tools and obstacles, whilst evaluating your choices as an actor when addressing script material.

Storytelling in Acting

You will address key questions such as: what is a story? What makes a story interesting? What is a good script? And how you should set about choosing good roles.

Script Analysis and performance

These sessions will address how to break down a scene into story beats and be able to define terms such as 'through the line' and 'spine'. You will also develop an appreciation of how the process of analysis can improve your performance.

Rehearsal

During these sessions, you will examine how to get the most from your rehearsals and be able to put into practice techniques such as improvisation, speaking out an interior monologue and rehearsing the script beat by beat.

Filmmaking Skills

The filmmaking process will be explored so you understand its stages in broad terms. You will also learn the names and functions of all principle crewmembers. You will come to understand technical requirements such as shot sizes, director commands and set procedures.

Sample Indicative Timetable

specific details may vary from cohort to cohort

Week 1	<p>Introduction & Subtext in Acting</p> <p>During the first week you will be introduced to the Foundations of Acting for Film. You will learn about:</p> <ul style="list-style-type: none">○ Appropriate warm up exercises for the actor○ Using improvisation as an acting technique○ Subtext in acting – what subtext is and how it influences performance○ Storytelling in acting – what story arcs are, how they are shaped and how they influence performance○ Voice and accent – vocal exercises and range and the importance of dialect
Week 2	<p>Core Acting Skills</p> <p>Following on from your introductory sessions, you will also take part in filmed exercises that will allow you to apply these skills on camera. You will further your understanding of the following areas:</p> <ul style="list-style-type: none">○ Script analysis – how the actor should analyse a script and how this can inform their acting choices○ Physical movement - how to communicate through physicality, body language and use of animal characteristics in performance○ Different acting techniques and practitioners
Week 3	<p>Filmmaking and the Actor</p> <p>With your growing confidence and familiarity with your peers, the third week of study is geared towards advancing your understanding of the filmmaking process and environment. You will focus on:</p> <ul style="list-style-type: none">○ Masterclass with a Guest Director○ Acting techniques○ Blocking and rehearsing your final scenes○ On-set protocols and practices○ Shooting your final scenes
Week 4	<p>Auditions, Next Steps and Review</p> <p>The final week of the course is aimed at consolidating all the skills you have gained and preparing yourself for the industry. This includes:</p> <ul style="list-style-type: none">○ Casting audition techniques - The dos and don'ts when in a casting, audition techniques, how to adopt the correct attitude when entering the audition room and self-tapes○ Your next steps within the industry○ A review and critique of your filmed scene

Please note that this is an indicative calendar. Specific details including the order of modules may vary from cohort to cohort. Students will be issued with a more detailed schedule at the start of the course.

Being at MetFilm School

Teaching and Learning

The *Four Week Filmmaking* course forms part of the non-accredited course delivery run by MetFilm School. The course structure comprises of a range of teaching and delivery patterns: lectures, workshops, and filming exercises. Transferable skills are encouraged and most clearly demonstrated in the filmmaking and production elements of the course and students are given the opportunity to learn and participate through practice. The aim of the varied course delivery is to equip students with an introduction to filmmaking in the fast-evolving media industry.

Course details are contained within the Student Guide which students will be given when they start the course. The Student Guide is the core course document containing specific learning outcomes for each weekly session in line with the overall objectives of the course.

MetFilm School encourages independent learning and reflective learning, and students may be given structured homework to complete, encouraged to practice their skills independently or challenged to network and consider key industry contacts.

Tutors

MetFilm School works with a large team of teaching staff across its full portfolio of courses, profiles of many of whom you can find on our website [here](#).

Student Support

MetFilm School is committed to providing and supporting a diverse and inclusive environment that promotes and develops equality of opportunity for all students and staff. We seek to continually improve our standards across the student lifecycle encompassing access and admission; support and progression; and graduate employability and entrepreneurship.

We seek to provide a caring, supportive environment that recognises each student as a unique individual and fosters their personal and professional development. We are committed to each student's wellbeing, and there are a range of support mechanisms in place to aid student progression through their course of study.

Our [Policies and Key Documents](#) section on the website gives guidance on the support structures open to students at the School.

Formative Feedback

Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

In addition, MetFilm School provides regular opportunities for students to give each other feedback through the learning system, which encourages feedback within peer-to-peer sessions. Being able to critically reflect on

your own work and the work of your fellow students in a constructive, meaningful way, both verbally and in written form, demonstrates good practice and enhances your learning experience.

Evaluative Feedback

MetFilm School is committed to continual improvement, and student feedback – both informal and formal – is an important part of the evaluative feedback we use. Students are therefore invited to complete a feedback form at the end of their course.

Professional Certificate (ProCert)

At the end of this course, you will receive a Certificate of Completion for the course (subject to successful completion of the course).

Whilst courses are not formally assessed and are not credit bearing, part time and short courses of 2, 4 and 8 weeks taken independently over a period of 3 years across all subject matters amounting to 20 weeks full time can be taken together to achieve a MetFilm School / BIMM Professional Certificate or ProCert as follows, subject to successful completion of the courses:

Course Type	Full Time Equivalent
Foundation (12 weeks evening course)	1 week
Part Time (20 weeks of teaching)	8 weeks
Two Week (full time)	2 weeks
Four Week (full time)	4 weeks
Eight Week (full time)	8 weeks
Three Month (full time)	12 weeks
Certificate	20 weeks

Costs

Tuition Fees can be found on the course page on the MetFilm School website [here](#).

There are no additional production costs.