

About the Course

Basic Course Information

Course Title	Four Week Cinematography
Awarding Body	N/A
Award on Completion	N/A
Length of Course	4 weeks, Full Time
Location	MetFilm School Campus in Ealing, London and/or other teaching and production spaces in West London.

Teaching and Learning

The delivery of MetFilm School programmes is tailored to the particular learning goals of the individual course. Many courses contain production periods when the demands on individual students vary according to their individual shoots. **Specific details vary from time to time in order to maximise student experience.** Indicative calendars are issued at the start of each course and students can access their individual timetables through the student portal.

Delivery of this course will be within these parameters:

Teaching

- Your course averages 25 hours of teaching time per week.
- Teaching on MetFilm School's full-time courses is usually scheduled between the hours of 9am and 7pm, Monday to Friday. Taught sessions will be timetabled within these windows.
- Students are expected to engage in independent learning, practical exercises, and tutorials outside these hours, and also have access to School wide activities including guest speakers and opportunities within the Virtual Grindhouse.
- Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

Mixed Teaching

MetFilm School's *Four Week Cinematography* is a practical course which is taught largely in person. We have also found that we can enhance our in-person teaching using online tools, and the School has developed a *Mixed Teaching* approach which allows us to do just that. For example, some 1:1 tutorials and large group experiences are better delivered digitally. All online sessions will be noted clearly in student's timetables. In addition, where public health considerations or other matters outside our control limit access to the campus, *Mixed Teaching* ensures that students can continue their learning journey. The introduction of online tools will allow us to offer more opportunities, more content and an enhanced learning experience, at the same time delivering the in-person practical experience our students value.

The information included in this pack is provided to enhance your understanding of the course. Please note that some details may vary from cohort to cohort.

Summary

Four Week Cinematography is designed to cover the following areas:

- an overview of the contemporary screen industries from the perspective of the sound, camera and lighting departments
- the core principles of light and exposure
- the use of light, as a fundamental tool, not only illuminate but also to create mood and tone in support of the narrative arc of a film
- the analysis of a script from a visual perspective
- the development and exploration of creative and technical choices in an on-set, production environment
- understand working as a filming crew and the importance of collaboration and communication.
- Health and Safety on set

The course outline below describes the key craft areas and skills you will cover during your course.

Four Week Cinematography is a fully immersive course. Students can expect to explore the multi-faceted world of screen acting through practical workshops, crew role exercises and scene work.

Applying for this Course

Application for this course can be made on the MetFilm School website [here](#).

In order to apply for this course, students must be 18 years old or over, and have sufficient spoken & written English. The course is suitable for beginners and those with basic skills. There are no specific academic entry requirements for the Four-Week Cinematography course.

Course Structure and Delivery

MetFilm School Mission

Our mission is to inspire a new generation of creative screen professionals, educating them in the new world of storytelling across all screen types. By putting industry at the heart of everything we do, MetFilm School best equips its graduates for successful careers.

Our goal is to nurture skill and talent, creating a great school which empowers students to pass seamlessly into work, using our experience to help businesses adapt and change in the ever-changing multichannel world.

Four-Week Cinematography

As an educational institution, Met Film School's mission is to provide students with a practical, high-quality learning experience grounded in professional industry practice and preparation. Through our course provision we equip students with the knowledge, skills and mindset to prepare them for successful careers within the screen industries.

We seek to foster an inclusive environment in which creative, mature, focused, and considerate individuals are valued as members of a dynamic community.

We believe collaboration is the bedrock of professional practice that is reflected across the creative screen industries, and students are required to treat each other with respect and to work together in a professional manner.

Met Film School's key policies and documents can be found here: [Key Policies](#)

Students explore the following key areas of study during the *Four Week Cinematography* course:

Introduction to Cinematography

Students will be provided with an overview of the contemporary screen industries from the perspective of the sound, camera and lighting departments. Students will explore the impact of creative decisions in image and sound on storytelling and explore Cinematography as a narrative tool.

Working with industry standard equipment, provided through MetFilm School's partnership with Procam & Take 2, students will learn the basics of camera, lighting and sound to enable the successful production of filmed exercises.

Visual Storytelling

Students will learn how to tell stories through the use of visual mediums. Students will look at composition, framing, blocking and camera positions and how to engage an audience. Working with images, students will learn how to create a memorable and engaging story.

Lighting and Camera Movement

You will examine how cinematography has progressed through history and how camera placement and movement has evolved. Through practical exercises you will study different tracking shots available and the practicalities of shooting sequences.

Sound and Sound Design

Students will explore the impact of creative decisions in image and sound on storytelling. Students will explore the importance of sound in filmmaking in the narrative and theme of the piece. You will cover basic sound theory and how to handle sound equipment, and the nuances of sound in locations and different shooting spaces.

Professional Practice

Through filmmaking workshops, students will learn the importance of team work and professional practice. Understanding crew roles and responsibilities, students will learn how to effectively collaborate. Students will be introduced into industry standard paperwork and its wider importance.

Sample Indicative Timetable

details may vary from cohort to cohort

Week 1	Introduction to Cinematography During the first week you will cover and explore: <ul style="list-style-type: none">○ The development of cinematography over the years○ The role of the cinematographer○ How camerawork is used to visually tell a story○ Technical introduction to camera○ Introduction to lighting techniques such as three point lighting○ Basic sound theory and practice○ How sound can be used to illustrate story or a theme
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Week 2	<p>Visual Storytelling</p> <p>Following on from your introductory sessions, sessions will build your understanding of the following areas:</p> <ul style="list-style-type: none"> ○ Collaboration on set and key roles ○ Advanced camera and lighting techniques such as composition, camera movement and lighting for fiction ○ Advanced sound recording techniques ○ Working with a director and actors ○ Breaking down a script ○ Block a scene ready for shooting
Week 3	<p>Advanced Camera and Lights</p> <p>In Week Three you will begin to build on the basics covered in the first two weeks by applying these skills to more advanced equipment. You will cover:</p> <ul style="list-style-type: none"> ○ Working with a large sensor camera ○ Controlling and using depth of field creatively ○ Lighting a scene for daylight and night ○ Analyzing an image in order to reproduce its composition and lighting ○ Camera movement and tracking the camera using a professional dolly and tracks
Week 4	<p>Filmed Exercises and Review</p> <p>The final week of the course is aimed at consolidating all the skills you have gained and preparing yourself for the industry. This includes:</p> <ul style="list-style-type: none"> ○ Filming final exercises within defined parameters ○ Taking on camera crew roles and lighting roles to support peer shoots ○ Learning the basics of editing using Adobe Premiere Pro

Please note that this is an indicative calendar. Specific details including the order of modules may vary from cohort to cohort. Students will be issued with a more detailed schedule at the start of the course, and your personalised calendar will be available via the student portal.

Being at MetFilm School

Teaching and Learning

The *Four Week Cinematography* Course forms part of the non-accredited course delivery run by Met Film School. The course structure comprises of a range of teaching and delivery patterns: lectures, workshops, filming exercises, presentations and individual one-to-one career and development tutorials.

Course details are contained within the Student Guide. The Student Guide is the core course document containing specific learning outcomes for each weekly session in line with the overall objectives of the course.

Curriculum delivery is enhanced by access to the Virtual Grindhouse, Met Film School's virtual community where students can access competitions and guest speaker masterclasses.

MetFilm School encourages independent learning and reflective learning. “Practice days” may form part of the delivery and students may be given structured homework to complete, encouraged to practice their skills independently or challenged to network and consider key industry contacts.

Tutors

MetFilm School works with a large team of teaching staff across its full portfolio of courses, profiles of many of whom you can find on our website [here](#).

Student Support

MetFilm School is committed to providing and supporting a diverse and inclusive environment that promotes and develops equality of opportunity for all students and staff. We seek to continually improve our standards across the student lifecycle encompassing access and admission; support and progression; and graduate employability and entrepreneurship.

We seek to provide a caring, supportive environment that recognises each student as a unique individual and fosters their personal and professional development. We are committed to each student’s wellbeing, and there are a range of support mechanisms in place to aid student progression through their course of study.

The Student Handbook, which can be found [here](#), gives guidance on the support structures open to students at the School.

Formative Feedback

Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

In addition, MetFilm School provides regular opportunities for students to give each other feedback through the learning system, which encourages feedback within peer-to-peer sessions. Being able to critically reflect on your own work and the work of your fellow students in a constructive, meaningful way, both verbally and in written form, demonstrates good practice and enhances your learning experience.

Evaluative Feedback

MetFilm School is committed to continual improvement, and student feedback – both informal and formal – is an important part of the evaluative feedback we use. Students are therefore invited to complete feedback forms midway and at the end of their course.

Costs

Tuition Fees can be found on the course page on the MetFilm School website [here](#).