

About the Course

Basic Course Information

Course Title	Four Week Acting for Film - Level 2
Awarding Body	N/A
Award on Completion	N/A
Length of Course	4 weeks
Mode	Full time
Location	MetFilm School Campus in Ealing, London and/or other teaching and production spaces in West London.

Teaching and Learning

The delivery of MetFilm School programmes is tailored to the particular learning goals of the individual course. Many courses contain production periods when the demands on individual students vary according to their individual shoots. **Specific details vary from time to time in order to maximise student experience.** Indicative calendars are issued at the start of each course and students can access their individual timetables through the student portal.

Delivery of this course will be within these parameters:

Teaching

- Your course averages 25 hours of teaching time per week.
- Teaching on MetFilm School's full-time courses is usually scheduled between the hours of 9am and 7pm, Monday to Friday. Taught sessions will be timetabled within these windows.
- Students are expected to engage in independent learning, practical exercises, and tutorials outside these hours, and also have access to School wide activities including guest speakers and opportunities within the Virtual Grindhouse.
- Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

Filmed Exercises & Monologues

- A trained graduate Director of Photography and Sound Recordist will be assigned by the School for the filmed exercises to operate camera and oversee sound.
- Filmed exercises are edited by a trained graduate editor.

Mixed Teaching

MetFilm School's *Four Week Acting for Film Level 2* is a practical course which is taught largely in person. We have also found that we can enhance our in-person teaching using online tools, and the School has developed a *Mixed Teaching* approach which allows us to do just that. For example, some 1:1 tutorials and large group experiences are better delivered digitally. All online sessions will be noted

clearly in student's timetables. In addition, where public health considerations or other matters outside our control limit access to the campus, *Mixed Teaching* ensures that students can continue their learning journey. The introduction of online tools will allow us to offer more opportunities, more content and an enhanced learning experience, at the same time delivering the in-person practical experience our students value.

The information included in this pack is provided to enhance your understanding of the course. Please note that some details may vary from cohort to cohort.

Summary

Four Week Acting for Film Level 2 is designed to cover the following areas:

- Techniques for improving vocal and physical expression
- The key 'schools' of acting
- Working with industry professionals
- Enhanced onscreen acting skills and technical understanding
- Career opportunities available for actors in the screen industry
- On set practices and the relationship of the actor to the crew

The course outline below describes the key craft areas and skills you will cover during your course.

Four Week Acting for Film Level 2 is a fully immersive course. Students can expect to explore the multi-faceted world of screen acting through practical workshops, crew role exercises and scene work.

Applying for this Course

Application for this course can be made on the MetFilm School website [here](#).

In order to apply for this course, students must be 18 years old or over, and have sufficient spoken & written English. There are no specific academic entry requirements for the Four-Week Acting for Film Level 2 course, however students wishing to enrol on this course will be asked to submit a CV and audition tape demonstrating their acting experience.

Students who have participated in Acting for Film Level 1 can use their portfolio from the course.

Course Structure and Delivery

MetFilm School Mission

Our mission is to inspire a new generation of creative screen professionals, educating them in the new world of storytelling across all screen types. By putting industry at the heart of everything we do, MetFilm School best equips its graduates for successful careers.

Our goal is to nurture skill and talent, creating a great school which empowers students to pass seamlessly into work, using our experience to help businesses adapt and change in the ever-changing multichannel world.

Four Week Acting for Film Level 2

As an educational institution, Met Film School's mission is to provide students with a practical, high-quality learning experience grounded in professional industry practice and preparation.

Through our course provision we equip students with the knowledge, skills and mindset to prepare them for successful careers within the screen industries.

We seek to foster an inclusive environment in which creative, mature, focused, and considerate individuals are valued as members of a dynamic community.

We believe collaboration is the bedrock of professional practice that is reflected across the creative screen industries, and students are required to treat each other with respect and to work together in a professional manner.

Met Film School's key policies and documents can be found here: [Key Policies](#)

Students explore the following key areas of study during the Four Week Level 2 Acting course:

Voice and movement

Sessions focusing on voice and movement are designed to develop your physical presence and vocal expressiveness as a performer. You will take part in exercises that use mask, rhythm and space to raise your awareness of your body and improve your performance on camera.

Advanced Core Acting Skills

The core acting skills are drawn from the Meisner technique, Mast, Improvisation, Stanislavski and Clown. They are designed to encompass the key schools of acting and enhance your current performance skills.

Audition Workshop and Preparation

These sessions will prepare you for the different forms an audition can take and give you a good understanding of how to rehearse and perform an audition piece. Through these sessions, you will gain an enhanced understanding of how to rehearse a scene for the camera.

Dialect Workshop

By looking at the details of accent and dialogue you will expand your performance capabilities and increase your appeal for casting directors. These sessions focus on ways to learn or improve an accent or dialect.

Sample Indicative Timetable

details may vary from cohort to cohort

Week 1	Core Acting Skills The first sessions will include an introduction to your peers and tutors. This will also include a review of your current skill level and areas you are looking to improve. You will also cover the following areas: <ul style="list-style-type: none">○ Using your skills in a filmed scene○ Monologues for screen.○ Rehearsal and filming of monologues○ 1:1 Voice Coaching○ Movement session.
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Week 2	<p>Advanced Core Acting Skills</p> <p>This week will introduce you to different techniques and disciplines in acting for film. Sessions will include:</p> <ul style="list-style-type: none"> ○ Auditioning for Screen ○ Masterclasses in different Acting Methods and Techniques ○ Working with Directors ○ 1:1 Voice classes
Week 3	<p>Final Scenes</p> <p>This week you will focus on the process of shooting your filmed scenes. Working with your peers and supporting them through the filming process.</p>
Week 4	<p>Review, Casting, Screening & Feedback</p> <p>During this final week you will have sessions including:</p> <ul style="list-style-type: none"> ○ Working with a Guest Director to explore the collaboration between director and actor ○ The role of the Casting Director and the audition process. ○ Next steps for you as an actor ○ A rough-cut screening of your work. ○ Tutor and peer feedback

Please note that this is an indicative calendar. Specific details including the order of modules may vary from cohort to cohort. Students will be issued with a more detailed schedule at the start of the course, and your personalised calendar will be available via the student portal.

Being at MetFilm School

Teaching and Learning

The *Four Week Acting for Film Level 2* Course forms part of the non-accredited course delivery run by Met Film School. The course structure comprises of a range of teaching and delivery patterns: lectures, workshops, filming exercises, presentations and individual one-to-one career and development tutorials.

Course details are contained within the Student Guide. The Student Guide is the core course document containing specific learning outcomes for each weekly session in line with the overall objectives of the course.

Curriculum delivery is enhanced by access to the Virtual Grindhouse, Met Film School's virtual community where students can access competitions and guest speaker masterclasses.

MetFilm School encourages independent learning and reflective learning. "Practice days" may form part of the delivery and students may be given structured homework to complete, encouraged to practice their skills independently or challenged to network and consider key industry contacts.

Tutors

MetFilm School works with a large team of teaching staff across its full portfolio of courses, profiles of many of whom you can find on our website [here](#).

Student Support

MetFilm School is committed to providing and supporting a diverse and inclusive environment that promotes and develops equality of opportunity for all students and staff. We seek to continually improve our standards across the student lifecycle encompassing access and admission; support and progression; and graduate employability and entrepreneurship.

We seek to provide a caring, supportive environment that recognises each student as a unique individual and fosters their personal and professional development. We are committed to each student's wellbeing, and there are a range of support mechanisms in place to aid student progression through their course of study.

The Student Handbook, which can be found [here](#), gives guidance on the support structures open to students at the School.

Formative Feedback

Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

In addition, MetFilm School provides regular opportunities for students to give each other feedback through the learning system, which encourages feedback within peer-to-peer sessions. Being able to critically reflect on your own work and the work of your fellow students in a constructive, meaningful way, both verbally and in written form, demonstrates good practice and enhances your learning experience.

Evaluative Feedback

MetFilm School is committed to continual improvement, and student feedback – both informal and formal – is an important part of the evaluative feedback we use. Students are therefore invited to complete feedback forms midway and at the end of their course.

Costs

Tuition Fees can be found on the course page on the MetFilm School website [here](#).