

## About the Course

### Basic Course Information

Course Title	Certificate in Acting for Film
Awarding Body	N/A
Award on Completion	N/A
Length of Course	20 weeks of study over a 22 week period
Location	MetFilm School Campus at <a href="#">Garden Studios</a> and/or other teaching and production spaces in West London.

### Teaching and Learning

The delivery of MetFilm School programmes is tailored to the particular learning goals of the individual course. Many courses contain production periods when the demands on individual students vary according to their individual shoots. **Specific details vary from time to time in order to maximise student experience.** Indicative calendars are issued at the start of each course and students can access their individual timetables through the student portal.

Delivery of this course will be within these parameters:

#### Teaching

- Your course averages 20 hours of teaching time per week.
- Teaching on MetFilm School's full-time courses is usually scheduled between the hours of 9am and 7pm, Monday to Friday. Taught sessions will be timetabled within these windows.
- Students are expected to engage in independent learning, practical exercises, and tutorials outside these hours, and also have access to School wide activities including guest speakers and opportunities within the Virtual Grindhouse.
- Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

#### Filmed Exercises - Portfolio

- Filmed Exercises for portfolios are shot on campus.
- A trained graduate Director of Photography and Sound Recordist will be assigned by the School to all portfolio shoots to enable consistent camera and sound rushes.
- A trained graduate Editor will produce edits of scenes and monologues.

#### Mixed Teaching

MetFilm School's *Certificate in Acting for Film* is a practical course which is taught largely in person. We have also found that we can enhance our in-person teaching using online tools, and the School has developed a *Mixed Teaching* approach which allows us to do just that. For example, some 1:1 tutorials and large group experiences are better delivered digitally. All online sessions will be noted clearly in student's timetables. In addition, where public health considerations or other matters outside

our control limit access to the campus, *Mixed Teaching* ensures that students can continue their learning journey. The introduction of online tools will allow us to offer more opportunities, more content and an enhanced learning experience, at the same time delivering the in-person practical experience our students value.

The information included in this pack is provided to enhance your understanding of the course. Please note that some details may vary depending on the cohort.

## Summary

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*Certificate in Acting for Film* is designed to develop your knowledge, skills and understanding in the following areas:

- approaches, skills and understanding of screen acting
- core techniques in demand within the fast-evolving media industry
- industry practice through hands-on exercises

The typical course outline below describes the key craft areas and skills you will cover during your course. Please note that the timetable and content may vary from cohort to cohort.

*Certificate in Acting for Film* is a fully immersive course taught over 20 weeks. Students can expect to explore the multi-faceted world of screen acting through practical workshops, lectures, 1:1 tutorials and focused portfolio shoots.

## Applying for this Course

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Application for this course can be made on the MetFilm School website [here](#).

In order to apply for this course, students must be 18 years old or over, and have sufficient spoken & written English.

While this course is suitable for beginners, we do require a CV and showreel where possible in order to demonstrate your acting potential. If you are unable to provide this, we ask that you provide a monologue or 'piece to camera' as part of your application.

There are no specific academic entry requirements for the *Certificate in Acting for Film* course.

## Course Structure and Delivery

### Met Film School Mission

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Our mission is to inspire a new generation of creative screen professionals, educating them in the new world of storytelling across all screen types. By putting industry at the heart of everything we do, MetFilm School best equips its graduates for successful careers.

Our goal is to nurture skill and talent, creating a great school which empowers students to pass seamlessly into work, using our experience to help businesses adapt and change in the ever-changing multichannel world.

### Certificate in Acting for Film

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As an educational institution, Met Film School's mission is to provide students with a practical, high-quality learning experience grounded in professional industry practice and preparation.

Through our course provision we equip students with the knowledge, skills and mindset to prepare them for successful careers within the screen industries.

We seek to foster an inclusive environment in which creative, mature, focused, and considerate individuals are valued as members of a dynamic community.

We believe collaboration is the bedrock of professional practice that is reflected across the creative screen industries, and students are required to treat each other with respect and to work together in a professional manner.

Met Film School's key policies and documents can be found here: [Key Policies](#)

Students explore the following key areas of study during the *Certificate in Acting for Film* course:

### **Subtext in Acting – Theory and Practice**

During these sessions, you will discover the use and purpose of subtext in performance. By addressing what subtext is and how it influences a performance you will enhance your understanding of performance tools and obstacles, whilst evaluating your choices as an actor when addressing script material.

### **Storytelling in Acting**

You will address key questions such as: what is a story? What makes a story interesting? What is a good script? And how you should set about choosing good roles.

### **Script Analysis and performance**

These sessions will address how to break down a scene into story beats and define terms such as 'through the line' and 'spine'. You will also develop an appreciation of how the process of analysis can improve your performance.

### **Rehearsal**

During these sessions, you will examine how to get the most from your rehearsals and be able to put into practice techniques such as improvisation, speaking out an interior monologue and rehearsing the script beat by beat.

### **Filmmaking Skills**

The filmmaking process will be explored so you understand its stages in broad terms. You will also learn the names and functions of all principle crew members. You will come to understand technical requirements such as shot sizes, director commands and on set procedures.

### **Voice and movement**

Sessions focusing on voice and movement are designed to develop your physical presence and vocal expressiveness as a performer. You will take part in exercises that use mask, rhythm and space to raise your awareness of your body and improve your on-camera performance.

### **Advanced Core Acting Skills**

The core acting skills are drawn from the Meisner technique, Mast, Improvisation, Stanislavski and Clown. They are designed to encompass the key schools of acting and enhance your current performance skills.

### **Audition Workshop and Preparation**

These sessions will prepare you for the different forms an audition can take and give you a good understanding of how to rehearse and perform an audition piece. Through these sessions, you will gain an enhanced understanding of how to rehearse a scene for the camera.

## Dialect Workshop

By looking at the details of accent and dialogue you will expand your performance capabilities and increase your appeal for casting directors. These sessions focus on ways to learn or improve an accent or dialect.

## Portfolio Shoots

Students will take part in a series of portfolio shoots – scenes and monologues – over the period the course. Shoots are prepped and rehearsed before production.

All productions are filmed with professional cameras, light and sound equipment.

## Sample Indicative Timetable

*details may vary from cohort to cohort*

Week	Summary of Week
1	<b>Foundation of Acting for Film</b>  The sessions this week will cover the following areas: <ul style="list-style-type: none"><li>○ An understanding of what makes a compelling performance</li><li>○ How subtext works for screen</li><li>○ Feedback as a learning tool</li><li>○ Introduction to how movement can shape a character</li></ul>
2	<b>Introduction to Core Acting Skills</b>  The sessions this week will cover the following areas: <ul style="list-style-type: none"><li>○ How an actor breaks down a script for different characters</li><li>○ Understanding direction in a scene</li><li>○ Different methods used for working on and discovering a character</li><li>○ Preparation through understanding the different methods used in acting</li><li>○ Scene Review</li><li>○ Introduction to Voice and Accent</li></ul>
3	<b>Building Core Acting Skills</b>  The sessions this week will cover the following areas: <ul style="list-style-type: none"><li>○ Working with a director and understanding the director's perspective</li><li>○ Understanding what an actor does to explore emotional triggers</li><li>○ The Meisner technique: for staying present and reacting authentically in the dramatic moment</li></ul>
4	<b>Scene Work</b>  The sessions this week will cover the following areas: <ul style="list-style-type: none"><li>○ Understanding the basic technical skills needed in acting for screen</li><li>○ The importance of rehearsal and understanding blocking</li><li>○ Approaches to monologue in film from rehearsal to performance</li><li>○ Understanding how to research and develop a character from text alone</li></ul>

Week	Summary of Week
5	<p><b>Monologues</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Knowledge and experience of performing in a shooting environment</li> <li>○ Taking on crew roles to aid the filming of monologues</li> <li>○ Understanding the key roles on set</li> </ul>
6	<p><b>Building Core Acting Skills</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Improvisation</li> <li>○ Development of script analysis knowledge and how this can be used to improve a performance and how to apply this in performance</li> <li>○ Peer review in reference to rehearsing a scene to identify areas for development</li> </ul>
7	<p><b>Movement, Voice and Scene Rehearsal</b></p> <p>Voice sessions through the course will include:</p> <ul style="list-style-type: none"> <li>○ How to warm up safely</li> <li>○ Vocal exercises and range</li> <li>○ Different dialects and their importance</li> </ul> <p>Movement sessions through the course will include:</p> <ul style="list-style-type: none"> <li>○ How to communicate through behaviour</li> <li>○ Animal characteristics in performance</li> <li>○ Body language</li> <li>○ How movement informs characters</li> </ul> <p>During this week you will also prepare for your portfolio shoot the following week</p>
8	<p><b>Filmed Exercises</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Filmed scene</li> <li>○ Feedback and peer review</li> <li>○ Deeper knowledge and experience of performing in a shooting environment</li> <li>○ Understanding continuity and how to stick to it</li> </ul>
9	<p><b>Auditions and Casting</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ How castings and auditions work in the screen industries and the necessary preparation required from you as an actor</li> <li>○ The do's and don'ts when in a casting</li> <li>○ Audition techniques</li> </ul>

Week	Summary of Week
10	<p><b>Stage Combat and the Business of Acting</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ The fundamentals of unarmed fighting for stage and screen.</li> <li>○ The basic and fundamental techniques to perform unarmed combat accurately, safely and convincingly.</li> <li>○ Using physicality in film</li> <li>○ How to navigate contracts, working as an actor in the industry</li> </ul>
11	<p><b>Building Core Acting Skills and Mid-Course Screening</b></p> <ul style="list-style-type: none"> <li>○ Why classical and Shakespearean text is important in acting for film</li> <li>○ Working with a guest director on performance of Shakespeare scenes</li> </ul> <p>This week will cumulate in a screening of the showreel scenes and a review of the course and your progress so far.</p>
Holiday (exact timing of holiday break may vary from cohort to cohort)	
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12	<p><b>Interacting with Technology and Scenes Rehearsal</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Introduction to Motion Capture, Virtual Production, and/or other technological innovations in film production</li> <li>○ Performing within a virtual environment</li> <li>○ Feedback and peer review</li> <li>○ Blocking scenes and continuing preparation for your portfolio shoot</li> </ul>
13	<p><b>Filmed Exercises</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Filming of portfolio scenes</li> <li>○ Feedback and peer review</li> <li>○ Deeper knowledge and experience of performing in a shooting environment</li> <li>○ Understanding continuity and how to stick to it</li> </ul>
14	<p><b>Auditions and Casting</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Improvisation in an audition setting</li> <li>○ How to present yourself in meetings with casting directors and agents</li> <li>○ Performance in the context of a commercial casting scenario</li> <li>○ Casting within TV and Films</li> <li>○ How to film a Self-tape</li> <li>○ Understand how casting directors and agents operate</li> </ul>

Week	Summary of Week
15	<p><b>Movement and Voice and Scenes Rehearsal</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Understanding of how movement can shape a character</li> <li>○ Table read throughs and rehearsal sessions with scene partners</li> <li>○ Research and development of character for portfolio shoots</li> <li>○ One on one sessions on voice and accent</li> <li>○ Scene preparation with scene partners</li> <li>○ Blocking scenes and continuing preparation for your portfolio shoot</li> </ul>
16	<p><b>Filmed Exercises</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Filming of portfolio scenes</li> <li>○ Deeper understanding of crew roles and set dynamic</li> <li>○ Enhanced knowledge and experience of performance in a shooting environment</li> <li>○ Peer review in reference to rehearsing a scene to identify areas for development</li> </ul>
17	<p><b>Filmmaking</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Understanding of film production and key crew roles</li> <li>○ Understanding of how to effectively communicate with actors and crew</li> <li>○ Directing and crewing a scene workshop with your peers</li> <li>○ Understanding the importance of the edit</li> <li>○ Introduction to Editing</li> </ul>
18	<p><b>Building Acting Skills</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Understand how to research and develop a character just from text</li> <li>○ Script Work</li> <li>○ Method Techniques</li> </ul>
19	<p><b>Portfolio Work and Next Steps</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ One to one session to discuss structure of portfolio work</li> <li>○ Students will look at the scope of the industry and routes to establishing a successful career</li> </ul>
20	<p><b>Scene Work &amp; Screening</b></p> <p>The sessions this week will cover the following areas:</p> <ul style="list-style-type: none"> <li>○ Scene preparation and rehearsal</li> <li>○ Final screening of portfolio work</li> </ul>

Week	Summary of Week
	o Course review and feedback

Please note that this is an indicative calendar. Specific details including the order of modules may vary from cohort to cohort. Students will be issued with a more detailed schedule at the start of the course, and your personalised calendar will be available via the student portal.

There is an average of 20 hours of teaching time per week. Students are expected to engage in independent learning, practical exercises, and tutorials outside these hours, and also have access to School wide activities including guest speakers and opportunities within the Virtual Grindhouse.

## Being at MetFilm School

### Teaching and Learning

The *Certificate in Acting for Film* course forms part of the non-accredited course delivery run by Met Film School. The course structure comprises of a range of teaching and delivery patterns: lectures, workshops, filming exercises, presentations and individual one-to-one career and development tutorials. Transferable skills are encouraged and most clearly demonstrated in the filmmaking and production elements of the course and students are given the opportunity to learn and participate through practice. The aim of the varied course delivery is to equip students with a comprehensive introduction to the acting techniques in the fast evolving media industry.

Curriculum delivery is enhanced by access to MetFilm Futures, MetFilm School's student and graduate online community, where students can access competitions and guest speaker masterclasses.

Course details are contained within the Student Guide. The Student Guide is the core course document containing specific learning outcomes for each weekly session in line with the overall objectives of the course.

MetFilm School encourages independent learning and reflective learning. Students may be given structured homework to complete, encouraged to practice their skills independently or challenged to network and consider key industry contacts.

### Tutors

MetFilm School works with a large team of teaching staff across its full portfolio of courses, profiles of many of whom you can find on our website [here](#).

### Student Support

MetFilm School is committed to providing and supporting a diverse and inclusive environment that promotes and develops equality of opportunity for all students and staff. We seek to continually improve our standards across the student lifecycle encompassing access and admission; support and progression; and graduate employability and entrepreneurship.

We seek to provide a caring, supportive environment that recognises each student as a unique individual and fosters their personal and professional development. We are committed to each student's wellbeing, and there are a range of support mechanisms in place to aid student progression through their course of study.



The Student Handbook, which can be found [here](#), gives guidance on the support structures open to students at the School.

### **Formative Feedback**

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Throughout this course students will be given formative feedback from their tutor and through peer review. However, this course is not formally assessed academically, and no grades are given at the end of the course.

In addition, MetFilm School provides regular opportunities for students to give each other feedback through the learning system, which encourages feedback within peer-to-peer sessions. Being able to critically reflect on your own work and the work of your fellow students in a constructive, meaningful way, both verbally and in written form, demonstrates good practice and enhances your learning experience.

### **Evaluative Feedback**

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MetFilm School is committed to continual improvement, and student feedback – both informal and formal – is an important part of the evaluative feedback we use. Students are therefore invited to complete feedback forms midway and at the end of their course.

## **Costs**

Tuition Fees can be found on the course page on the MetFilm School website [here](#).

Associated course related costs: there are no additional course costs